



The Healing Feeling

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Dario, the massage therapist, came to Lanzarote from Amsterdam, and massages have always been his hobby and passion. After working in offices and banks for several years, the moment came when he realised that his stressful life needed a huge change.

Aware of the needs of his body during his daily routine, he decided to approach the issue from a different perspective, focusing his energy on solving those ailments that he used to suffer from and which still troubled his colleagues.

Thai massage opened up new paths in his life. Not only was it very relaxing, but it was also immensely therapeutic for his general wellbeing and the loosening of clenched knots of muscle. The massage allowed him to enter a peaceful state of deep trance.

The effects of this trance state were inspirational and since then, Dario has aimed to achieve the

same effects for his clients when giving them a classic massage with oil.

Stress is caused by thoughts. So one of the best ways to tackle that stress is by helping the mind to float on a parallel world of pleasure. This is one of Dario's main goals when giving his massages and is the reason why his treatments have a minimum length of one hour, but can last for up to two hours.

While providing his services working in some of the best hotels and spas in Amsterdam, his instincts proved to be right, as his clients used to call him again only after a few days for more.

Dario has been always amazed by the healing properties of Thai massage. The first time he received a full-body Thai massage following techniques from Southern Thailand, his spine felt as flexible as a fish's and his headache was completely gone. Applying the technique to other people, he is pleased by what he sees. With just one session, many common ailments such as stiff neck, lower back pain, frozen shoulder, tennis elbow, and many more simply disappear.

Thai massage is based on acupressure along the meridians of the body, and uses stretching to improve muscular flexibility. It very similar to shiatsu

- a Japanese type of therapeutical massage - and it is widely used in hospitals in Thailand as physiotherapy.

Mixing techniques to achieve even better results works like a charm. After the massages, people feel lighter and more flexible, with fewer knots and effective pain relief.

At dp Massages you will learn what it's like to have a real massage! Give your body and your soul a chance!

Contact dp Massages on 645 602 630, email: dpmassages@gmail.com or check treatments available www.dpmassages.com

The Perfect Island

“Why did I come to Lanzarote?” says Dario “It's simple. Lanzarote is a fantastic island with breathtaking scenery, plenty of sun and amazing nature. Living here offers immediate relief from a stressful routine, and seeing clean skies every day is hugely therapeutical. I've had no doubts after relocating, leaving one beautiful place full of opportunities and clouds for another one full of new challenges and sunshine.